

Active/Passive Practice: Procedure

Directions: Fill in the blanks with the correct active or passive form of the given verb in this excerpt from a procedure essay.

The Facelift Procedure

The facelift procedure, or rhytidectomy (carry out) _____ to tighten the skin of the face and neck, giving the patient a more youthful and rested appearance. In an effort to rejuvenate the appearance of their face, more and more people (undergo) _____ the procedure, placing it among the top five plastic surgeries performed in the U.S. Patients must, however, be aware that the texture of the skin on the face (not modify) _____ by the facelift procedure; that is, facial skin conditions such as fine lines, acne scars, and age spots (return) _____ to their original texture and presentation regardless of how tightly the skin (pull) _____. Nevertheless, some patients (believe) _____ they appear a decade younger than their actual age after the procedure. Facelift surgery (perform) _____ in three stages.

In the first stage, a number of steps (take) _____ to prepare the patient for the procedure. These (include) _____ taking the patient's medical history since certain conditions, such as hypertension or past clotting problems, (make) _____ the surgery more risky. When the medical history (take) _____, the patient (ask) _____ to inform the doctor of any medications or supplements s/he is regularly (consume) _____. Also during this preparatory visit, the doctor (give) _____ the patient a set of instructions to follow. Smokers (require) _____ to stop smoking four weeks in advance of the surgery, and aspirin (avoid) _____ a week prior to the surgery. Finally, the patient (arrange for) _____ a companion who can (drive) _____ him home after the surgery. Just prior to the surgery, the patient (anesthetize) _____.

The second stage is the procedure itself, which usually (last) _____ around four hours. To begin with, incisions (make) _____ in areas such as the hairline and/or around the ears. The surgeon then (reposition) _____ and (tighten) _____ the underlying muscles and sagging tissue. Excess skin (remove) _____ to create a more youthful look. If there is a double chin, a small incision usually (make) _____ under the chin, where it (hide) _____ by a natural crease, so that the fat may (remove) _____ by liposuction or by a restructuring technique. Once the incisions (stitch) _____ closed, dressings and a custom pressure wrap (apply) _____. It is important to note that throughout the entire procedure, the patient (monitor) _____ to insure his/her well-being.

The third stage (involve) _____ recovery. After the patient (rest) _____ in the recovery room, he/she (drive) _____ home by his/her companion. Most patients (experience) _____ some discomfort after the surgery, but medication (prescribe) _____ to help minimize it. Aside from taking pain medication, the patient (advise) _____ to keep his/her head elevated for a few days after the surgery to lessen any swelling. After a week (pass) _____, the doctor must (visit) _____ for a checkup.